

Committee for Helping Others (CHO)

Volunteer Profile

Name	Email Address
Address Line 1	Home Phone
Address Line 2	Cell Phone
City, State, Zip	Work Phone

Please communicate volunteer opportunities to me via (check all that apply)

Email Address	Home Phone	Cell Phone	Work Phone
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

I am generally available (check all that apply)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mornings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Afternoons	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Evenings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

I would enjoy meeting and working with (check all that apply)

Clients	Donors	Board of Directors
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

I am interested in the following CHO programs (check all that apply)

Clothes	Food	Christmas Program	Furniture	Financial Assistance	Transportation	Meals on Wheels	Administration (e.g., donor rep, publicity)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

The following statements describe areas I'm willing to help CHO with (check all that apply)

<input type="checkbox"/>	I speak Spanish <input type="checkbox"/> fluently <input type="checkbox"/> pretty well <input type="checkbox"/> somewhat.
<input type="checkbox"/>	I speak Arabic <input type="checkbox"/> fluently <input type="checkbox"/> pretty well <input type="checkbox"/> somewhat.
<input type="checkbox"/>	I speak another language <input type="checkbox"/> fluently <input type="checkbox"/> pretty well <input type="checkbox"/> somewhat. Please specify.
<input type="checkbox"/>	I am able to lift heavy objects like furniture
<input type="checkbox"/>	I would be interested in an administrative position (specify if preference) such as
<input type="checkbox"/>	I am able to lift heavy objects like furniture.
<input type="checkbox"/>	I own a pickup truck and would be willing to transport furniture with it.
<input type="checkbox"/>	I am willing to provide transportation to CHO clients

Please send completed forms to cho@cho-va.com or CHO, P.O. Box 233, Vienna, VA 22183, or to Carol Digan at carolamacura@gmail.com and thank you for helping others ! Questions– call 703-281-7614 and leave message at box #2.